

Trauma-informed Practice in the Adult Social Care Sector

An opportunity for shared learning and discussion



SAVE THE DATE

23 September 2022, 10am-11.30am

Online, Microsoft Teams

As part of the [National Trauma Training Programme](#), a small number of volunteers from older adult care homes across Scotland took part in a short trial to explore how a peer support approach could help them share learning and reflections about embedding trauma-informed practice in their services.

This free interactive event hosted by the Improvement Service, the Scottish Government, the Scottish Social Services Council and NHS Education for Scotland is open to anyone in Scotland working at a local level to improve outcomes for older adults accessing social care, including the care at home workforce, who wish to learn more about the opportunities and challenges in embedding a trauma-informed approach.

The event will provide opportunities to:

- Enhance understanding about the impact of trauma and the need for a trauma-informed approach within an older adult social care context;
- Hear about learning from the trial, including both the opportunities and challenges identified by participants in developing trauma-informed practice in their services;
- Take away learning about the importance of trauma-informed practice and to understand opportunities to engage with the National Trauma Training Programme
- Hear about existing resources and support for implementation of a trauma-informed approach through the [National Trauma Training Programme](#).

To register for the event, please [complete this short form](#). An agenda with full programme and speaker details and a joining link for Teams will be shared ahead of the event.



FURTHER INFORMATION

In Scotland, we have a shared ambition for a trauma-informed and responsive workforce and services. This is supported by a [National Trauma Training Programme \(NTTP\)](#), led by NHS Education for Scotland (NES) and funded through the Scottish Government.

The NTTP takes a lifespan approach to understanding and working with psychological trauma. This includes exploring how best to support staff in older people settings to build upon existing good practice in order to further promote trauma-informed approaches across systems and workforces.

Why adopt a trauma-informed approach?

Experience of trauma increases the risk of experiencing poorer physical and mental health outcomes as well as poorer social, educational and justice outcomes. Older people, those living with frailty and people living with dementia are equally likely to have experienced trauma throughout their lives, however may not be able to disclose this or advocate for their needs as they once did. Further, by virtue of being admitted to residential care, individuals are likely to have experienced new physical and social losses.

It is also important to consider the impact of these caring roles on professionals, which is one of the key drivers of Trauma Informed Practice. The social care workforce are vital in supporting the older people of Scotland and we know that they are at increased risk of potentially traumatising experiences, chronic stress and burnout. A trauma-informed approach can support improved outcomes for older adults, as well as the wellbeing of the social care workforce.

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How can this event help?

This learning event will provide an overview of how trauma can impact older adults, as well as reflect on key lessons from the peer support trial, including the learning, opportunities and challenges identified by participants in developing trauma-informed practice and policy.

[Register for the event here](#). If you require any further information, please contact rowena.mcintosh@improvementservice.org.uk



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