

# Together for Change Scotland

## A Lived Experience Panel

Would you like to be part of an exciting, dynamic new group that will work alongside Trussell to help us in our mission to end the need for food banks? If so, we would love you to join our Together for Change Scotland Panel.

### Who is Trussell

Trussell supports a network of food banks throughout the UK, and here in Scotland, to provide emergency food and practical support for people left without enough money to live on.

However, we know that emergency food is not the answer and that's why we campaign for the changes needed to see a future where no-one needs to use food banks to survive.

We believe that the only way that we can achieve this is through ensuring the voices and views of people with lived experience of poverty influence and shape all our work. This is why we are extending an opportunity for people to join our Together for Change Scotland Panel.

### What the Lived Experience Panel will do

The Together for Change Scotland panel will include 10 people from across Scotland who have recent experience of knowing what it is like to struggle to make ends meet. We want to hear about your experiences and views on some of the critical issues that are driving people to the doors of food banks including:

1. The social security system in Scotland
2. Access to advice and support with money matters in communities in Scotland
3. The housing situation in Scotland - including in rural and island communities
4. Support for people with disabilities and health conditions - including the need for better access to mental health support

The outcomes of this work will be used by Trussell to advise and influence the national and local governments in Scotland on ending the need for emergency food provision. In advance

of the Scottish Parliamentary Elections in spring 2026 you will also have helped to create a Scottish Manifesto!

### Key dates we ask you are able to commit to

The Together for Change Scotland Panel will meet for a series of in-person and online workshops. People wishing to express an interest in joining will need to be available for the following dates in 2025:

- Online via Zoom – Tuesday 11th March (Welcome meeting)
- Residential in-person – Policy Building Blocks Workshop – Monday 28th April to morning of Wednesday 30th April in Glasgow
- Online via Zoom Workshop – Monday 19th May
- Online via Zoom Workshop – Tuesday 10th June
- Online via Zoom Workshop – Tuesday 24th June

In discussion with yourself, Trussell will arrange and cover all travel, food, accommodation, and other costs that ensure you can fully participate. You will be well supported to join the online and in-person workshops and will not be out of pocket.

### How to register interest

If you would like to register your interest to join the Together for Change Scotland Panel, please complete the Expression of Interest Form via the below link. The deadline for registering your interest is **Friday 17<sup>th</sup> January 2025**. After completing the Expression of Interest form, we will be in touch before the end of January 2025.

### Scotland's Lived Experience Panel - Expression of Interest

For more information, please watch the following video from our Network Lead for Scotland:

### Opportunities to work alongside Trussell - Scotland on Vimeo

If you have any questions or concerns, please reach out to our Participation team who will be happy to help, [participation@trussell.org.uk](mailto:participation@trussell.org.uk)

We look forward to hearing from you!