



**Lorn & Oban Healthy Options Ltd.
Physical Activity & Wellbeing Practitioner (L2)**

Location: Oban

Hours: Full Time (37.5 hours/week)

Duration: Initial 1 year contract with an expectation to extend.

Salary: £21,618 - £23,831 (FTE) depending on experience.

CLOSING DATE 11th April 2024
Interviews will be held 18th April 2024

We are looking for an enthusiastic, dedicated and empathetic individual to assist our Exercise on Referral, Health & Wellbeing Practitioners deliver our [THRIVE](#) service. The right candidate will have a passion for community, health and wellbeing.

In operation since 2011, Healthy Options has been recognised as an exemplar in delivering supported self-management and community health improvement programmes, using evidence-based approaches and a wealth of experience to define its model.

If you are an excellent team worker and want to join our innovative and dynamic community health social enterprise, we are eager to hear from you.

The post holder will:

- Have experience working in the fitness or health & wellbeing industry.
- Hold a [CIMSPA endorsed Gym or Group Exercise Instructor qualification](#)
- Have a passion for supporting people to lead healthier more active lifestyles.
- Have awareness of Public Health Scotland's [Physical Activity Referral Standards](#).
- Have awareness and understanding of physical activity, health and wellbeing services across all sectors.
- Be competent to work in a time efficient and effective manner.
- Able to work independently whilst enjoying being part of a small, dedicated team.
- Be computer literate and demonstrate due diligence in completing monitoring and evaluation.
- Be committed to undertaking training and continuous professional development as necessary and relevant to the post.

TO APPLY PLEASE GO TO THIS [LINK](#)

For more information, please email info@lornhealthyoptions.co.uk
or phone Healthy Options on 01631 565113

Full job description available on request.